

## Major Elemental Process

Each mantra has to be done by respecting a certain condition. These conditions must absolutely be respected. The order of each mantra must be respected. You may charge more than one mantra at the same time, as long as all conditions are respected. There are 3 earth mantras, 1 fire, 1 heaven, 1 water, and 3 air mantras, for a total of 9 Major Elemental mantras. Understanding each mantra and their relation to the fabric of the universe is required before you charge them. This understanding can only be gained thru teaching and initiation from a competent spiritual teacher. Most mantras contain bija mantras, which are not dictionary words, but sound/spirit structures. The letter *i* is said like the English "ee". Always refer to the sound file for proper pronunciation.

### *Earth mantras*

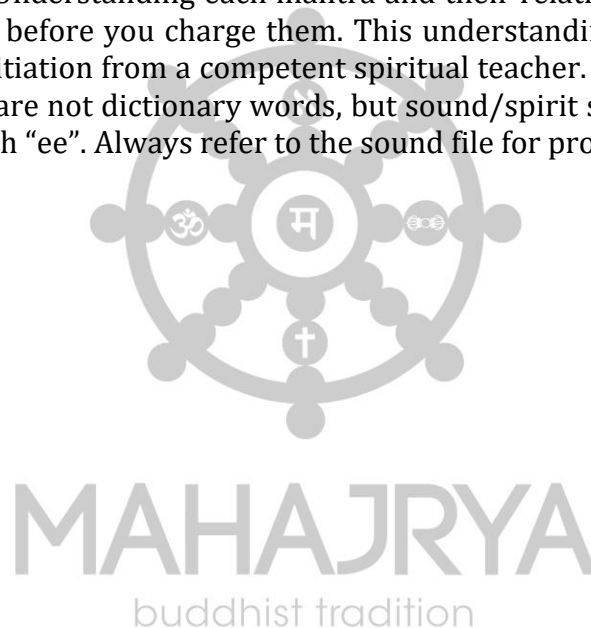
#### **1st earth mantra**

Om Aïm Klïm Sauom  
Sera hana bhava  
Saya noli bhava  
Tripura bhava  
Tiga yoli bhava  
Wari pura bhava  
Bhava noli bhava  
Pari pura bhava  
Bhava noli bhava  
Om Aditiru muruga  
Om guru guru paramaguru  
Om Kumara ranakalam  
Om Shanti Shanti Shanti-hi

Approximate meaning: Bhava means « generate ». This mantra covers all aspects of generation and sustainment.

Method: 1 mala per day for 41 days.

Conditions: all earth mantras must be charged using a mala. The left thumb has to be in the earth, either outside, or in a pot of gardening soil that you will reserve for this purpose.



## 2nd earth mantra

Om sranam bhum Bhuteshwari  
Mama kuru swaha

Approximate meaning: the earth is my refuge, Bhuteshwari, my actions are reverent to you.

Method: 1 mala per day for 41 days.



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### 3rd earth mantra

Om Aīm Klīm Shrīm

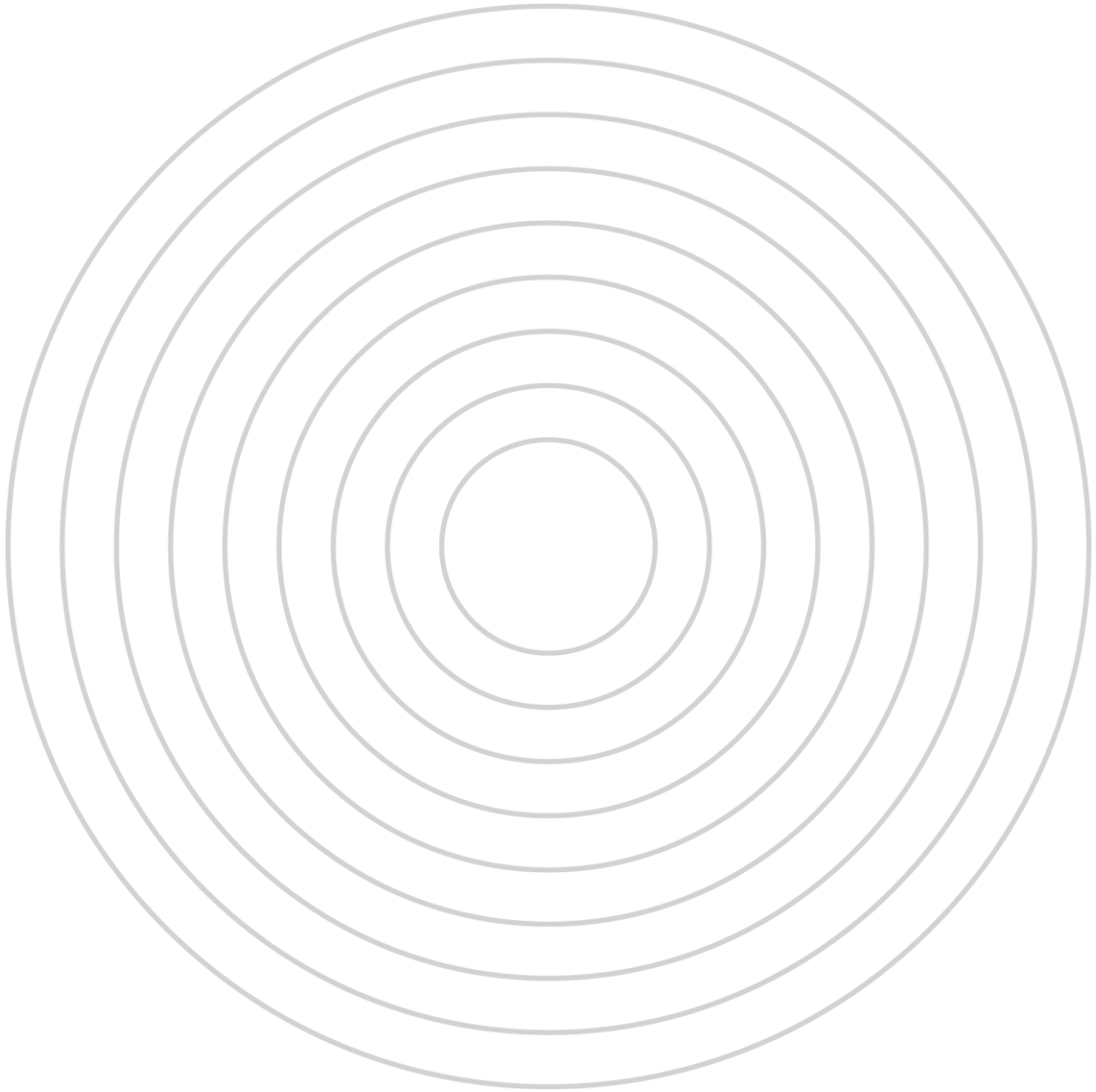
Om Maha Lakshmi Aayna namaha

Approximate meaning: Salutations to the Great Lakshmi

Method: 1 mala per day for 21 days, then the drawing of the Lakshmi yantra.

Extra condition: After charging this mantra, it is required to draw a yantra (talisman) according to specific rules. A grayscale guide model is also provided. You have to select 9 different color pens (not black or dark), with which you will write the 3rd earth mantra over and over again along 9 circles, using one color of your choice per word of the mantra, around a central OM, as seen on the picture below. You have to chant the mantra while you are drawing your yantra. The yantra has to be done in a single unaltered moment. Start by drawing each of the nine circles with one color each, then continue by writing the mantras from the outside circle to the inner circle, getting closer to the center, where you will finish by drawing the central OM in orange surrounded by red. You can write the ī as the English ee since it only has to do with the proper pronunciation. On each new line, you have to start writing the mantra at the top of the circle. It is normal that on each line, you will not always finish to write the mantra. You should keep this yantra until you are done charging the major elements, and if you need to destroy it, do it in a sacred way.





## Fire mantra

This mantra involves a lot of bija mantras to provoke activation of energies.

Om Hrim Hesraim Hrim  
Om Dhim Dhim  
Klim Klim  
Saum Saum  
Maha Agni swarupa-nyaya-na namaha

Method: 1 mala per day for 41 days.

Condition: fix a candle flame while chanting, if not possible, the image of a flame, in a windless dark room. It practices fixity and focus. Blink only when required to soothe your eyes, otherwise, keep them opened and fixed on the flame.

## Heaven mantra

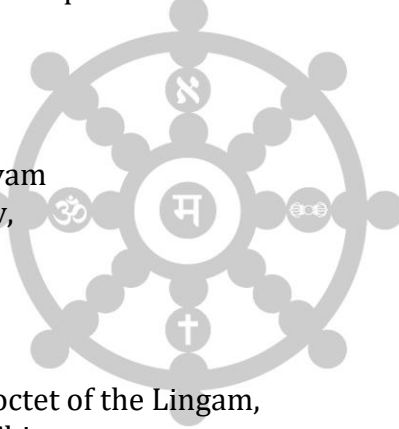
Om Lingashtakam, idam punyam  
(yah)padeth Shiva sannidhow,  
Shivalokam avapnothi  
shive na sahamodathe.

Traditional meaning:  
Anyone who chants the holy octet of the Lingam,  
In the holy presence of Lord Shiva,  
Would in the end reach the world of Shiva,  
And keep him company.

Interpreted meaning:  
Anyone who tunes into the eight aspects of Shiva's power  
Keeping in heart and mind Shiva's universal transformation concept  
Would eventually reach the world of Heaven,  
And stay there with the Supreme Self.

Method: 1 mala per day for 41 days.

It is not required to know or chant the actual song called Lingastakam, to charge the Heaven mantra, nor to chant it every day as a Hindu worshiper would, nor to remember by heart the eight mentioned aspects. It is only required that you keep its general meaning in mind while charging the mantra. The Lingam is the representation of Shiva's power. The Lingastakam is an 8 paragraphs song that celebrates the universal forces of transformation (represented by Shiva's power) that can conquer everything. All the concepts invoked in the Lingastakam are not a person or an



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individual like the traditional religion would depict, but are in fact various pure-thought concepts involved in the experience of life, from the creator to the created.

The Lingastakam is provided below, to read at least once. It is not required to become a Hindu worshiper to charge the Heaven mantra in this method. This song is provided only as a reference.

### Lingashtakam

*Brahma Murari Sura architha Lingam,  
Nirmala bashitha Shobitha Lingam,  
Janmaja dukha vinasaka Lingam.  
That pranamami sada shiva Lingam.*

I bow before that Lingam, which is the eternal Shiva,  
Which is worshipped by Brahma, Vishnu and other Devas,  
Which is pure and resplendent,  
And which destroys sorrows of birth.

*Deva Murari pravarchitha Lingam,  
Kama dahana karunakara Lingam,  
Ravana darpa vinashana Lingam,  
That pranamami sada shiva Lingam.*

I bow before that Lingam, which is the eternal Shiva,  
Which is worshipped by great sages and Devas,  
Which destroyed the god of love,  
Which showers mercy,  
And which destroyed the pride of Ravana.

*Sarva sukandhi sulepitha Lingam,  
Budhi vivarthana karana Lingam,  
Siddha surasura vandhitha Lingam,  
That pranamami sada shiva Lingam.*

I bow before that Lingam, which is the eternal Shiva,  
Which is anointed by perfumes,  
Which leads to growth of wisdom,  
And which is worshipped by sages, Devas and Asuras.

*Kanaka mahamani bhooshitha Lingam,,  
Panipathi veshtitha shobitha Lingam,  
Daksha suyagna vinasana Lingam,  
That pranamami sada shiva Lingam.*

I bow before that Lingam, which is the eternal Shiva,  
Which is ornamented by gold and great jewels,  
Which shines with the snake being with it,  
And which destroyed the Yagna of Daksha.

*Kunkuma chandana lepitha Lingam,  
Pankaja hara sushobitha Lingam,  
Sanchitha papa vinasana Lingam,  
That pranamami sada shiva Lingam.*

I bow before that Lingam, which is the eternal Shiva,  
Which is adorned by sandal paste and saffron,  
Which wears the garland of lotus flowers,  
And which can destroy accumulated sins.

*Deva Ganarchitha sevitha Lingam,  
Bhavair bakthi pravesa Lingam,  
Dinakara koti prabhakara Lingam,  
That pranamami sada shiva Lingam.*

I bow before that Lingam, which is the eternal Shiva,  
Which is served by gods and other beings,  
Which is the doorway for devotion and good thought,  
And which shines like billions of Suns.

*Ashta dalopari veshtitha Lingam,  
Sarva samudbhava karana Lingam,  
Ashta daridra vinasana Lingam,  
That pranamami sada shiva Lingam.*

I bow before that Lingam, which is the eternal Shiva,  
Which is surrounded by eight petals,  
Which is the prime reason of all riches,  
And which destroys eight types of poverty.

*Suraguru sura vara poojitha Lingam,  
Sura vana pushpa sadarchitha Lingam,  
Parathparam paramathmaka Lingam,  
That pranamai sada shiva Lingam.*

I bow before that Lingam, which is the eternal Shiva,  
Which is worshipped by the teacher of gods,  
Which is worshipped by the best of gods,  
Which is always worshipped by the flowers,  
From the garden of Gods, which is the eternal abode, And which is the ultimate truth.

## **Water mantra**

Om Klum Dlum Jum  
Kanaka Durgaamba  
Om Klum Dlum Jum Hum  
Kanaka Durgaamba  
Durgaadevi Prasanam

Method: 1 mala per day for 41 days.

Condition: be in contact with contained water or a limited water area. Have your feet or one hand in water while you hold your mala in the other hand. It is recommended taking a bath and immersing your body as much as possible, while keeping your mala dry. Do not chant the mantra in an unlimited water area, such as the ocean, or a big lake. Do not chant the water mantra while it rains, as it is considered to be a vast area of water, and your charge could go away instead of remaining contained.

## ***Air mantras***

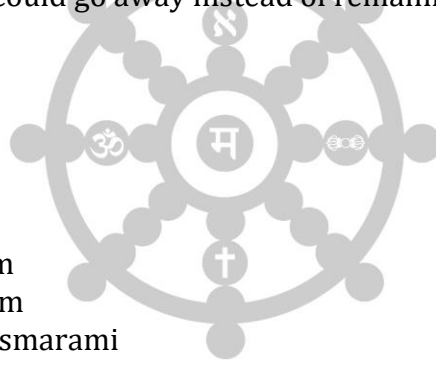
### **1st air mantra**

Om sarvam Brahma mayam  
Om sarvam Brahma shaktim  
Bhaja Hanumanta manasa smarami  
Neeja Bhagavanta sirasa smarami

Approximate meaning: Everything is Brahma's illusion. Everything is Brahma's shakti... and invocation of concepts. Hanumanta is the symbol of the still mind; he is the son of Hanuman, the monkey god, representing the mind that is divinized. Bhagavanta is divine lord. Smarami means always in a state of pleasure.

Method: 1 mala per day for 41 days.

Condition: charge this mantra during the day, while the sun is up.



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## 2nd air mantra

Om Brahmam Vishnum Maheshwaram

Om Dhīm Klim Saum

Maha Shakti Aayna namaha

Approximate meaning: Invocation of the holy trinity (creator, created, transformative), followed by energy activating bija mantras, and salutation to the Great Shakti of the universe.

Method: 1 mala per day for 41 days.

Condition: Chant as sunrise or sunset, while there is no sun, no moon, no stars, or as little as possible.

## 3rd air mantra

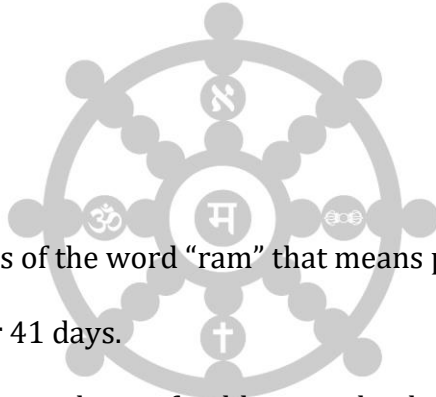
Om ram ram ram

Ram-ma-mi ram-am

Approximate: permutations of the word “ram” that means pleasure, enjoyment.

Method: 1 mala per day for 41 days.

Condition: Chant during the night, preferably at midnight. You should start on a full moon, which will have your mantra end around a new moon (no moon). When the moon is visible, you should look at the moon when starting to chant your mala.



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The Major Elemental Process mantras were created by Sri Kaleshwar.