

5 seals of the Fire Dragon

Awakening the Kundalini and elevating the power/energy

Do NOT charge these mantras (9 malas x 12 days). Use them only a few minutes per day.

Keep a good health: exercise and eat well. Drink lots of water following the practice. Stop the practice in case of pain, soars or excess heat.

Mudra Linga

Om mahaaviirya Agnitejas bhuudatta

Divine, great energy of Agni's power spurring from the earth



Agni is the Hindu and Buddhist Goddess of fire and her name is common amongst esoteric Buddhist practices that invoke fire. This mantra invokes the power and energy of fire that resides, dwells and flows from the earth. The earth is the symbol of material experience.

Mudra Shivalinga

That pranamami sada Shiva Lingam

Divine, I bow to the eternal Shiva Lingam



In Sanskrit, a Lingam is a seed holding power. It is also the word for penis, in a sacred sense. The Shiva Lingam is the seed of the power of the Hindu Lord Shiva. The Shiva Lingam is represented by an egg-like rock with red streaks in it. This rock is worshiped like if it was the real Shiva Lingam. While holding the Shivalinga mudra, we contemplate our inner source of power, which is our Highest-Self, where we are truth and power. We keep a reverent attitude towards the Spirit that

we are and all its power.

The Buddhists also invoke the Seed of power, without the worship of Shiva. They will turn to Avalokiteshwara instead. (That pranamami sada-Avalokiteshwara)

Mudra Naga

Om Naga Naga Naga, nam nam nam, rupa rupa rupa, raksha



Naga is the divine serpent that provides supernatural power to those who can tame it or befriend it. Before that, it is the enemy of Garuda (see below) and will not reconcile with Spirit. Naga, the Hindu lesser god and Nagas, the earth-bound snake spirits that dwell in the earth, will offer supernatural abilities to those who successfully dominate the passions of the senses. Then only will they obey and share their energy. It is a symbol of the dominion of the senses to have the energy of Kundalini rise in our body instead of nourishing our animal nature.

Nam: usually a contracted form of salutation, here it is a seed syllable that charges the energy of the mantra. The letters “n” resonates with matter, and the letter “m” resonates with the universal matrix.

Rupa: to take form in outward appearance or phenomenon. Supernatural abilities interact with nature by being perceived in the form of tangible results.

Raksha: protect. This mantra ends with Raksha, to protect us. (Do not confuse with the Sanskrit word Rakshasa, which means demon and has nothing to do with protection).

This mantra calls for the Divine Naga to manifest itself in a tangible way, in a safe manner for us (raksha). This mudra and mantra is used to teach us how to get a hold of the supernatural powers that affect the tangible world of form (rupa). It is a preparative mantra for the development of supernatural abilities.

Mudra Garuda

Om vajrapani hayagriva Garuda Hum Phat

Divine, who holds the Vajra, riding on your neck, Garuda, Hum Phat (hail!)

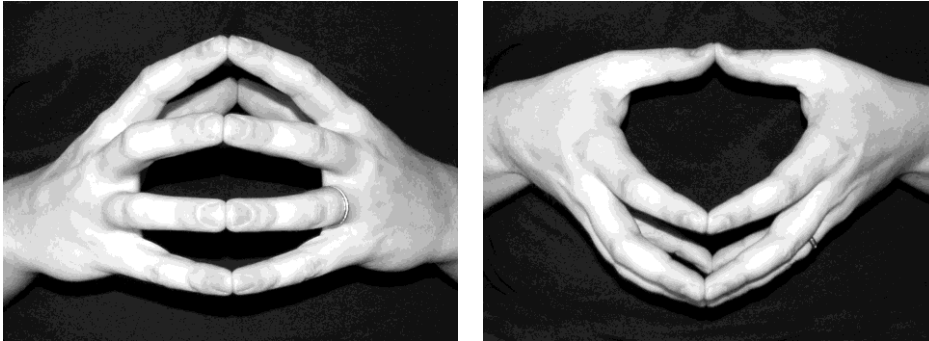


Garuda is the mystic bird that symbolized spiritual elevation. It is the mount of Vishnu, the all-pervading force of the universe. Garuda is seen as a seat for the spirit, a vehicle of power. The Buddhists also address the Garudas as a race of birds, instead of the unique Garuda of the Hindu tradition.

Mudra Hakini

OM

Universal bija mantra



Contemplate the Inner-Self, with no thoughts. Make peace within you. All polarities collaborate. The upper and lower Self are one. The left and right brain hemisphere act as one. The ten energies brought together by your ten fingers all balance themselves out.

The 1st mantra of the Fire Dragon Process was created by Maha Vajra, the 2nd and the 4th comes from the Hindu Tradition, the 3rd mantra was created by Sri Kaleshwar.

MAHAJRYA
buddhist tradition