

Avatar Process

(Atma Yoga of Incarnation)

These are Atma Yoga mantras meant to amplify the experience of enlightenment, and other mantras meant to bring about the incarnation of the Soul in the body. We call this later part: The Avatar Process. The Sanskrit word “Avatar” means “Incarnation of Divinity”.

These mantras can be charged optionally or just used sporadically, because you somewhat charge them through your experience of all other stuff you do every day (as learned with master Maha Vajra), including with the practice of integration. These mantras are not meant to be calculated with precision, but to experiment for a long period of time, mostly through daily practice, to give you a rush of what you already discovered in a pure state of being (through meditation or during a seminar with the master)

These mantras will work wonders with those who already have spiritual experiences and can modulate states of being by wish and will alone. Because they are very abstract in nature, they might help the new seeker, but will not be as efficient for them as the introductory mantras would.

Emotional Integration will help you consistently make this process richer and make the technique more accurate.



2 Mantras about the state of Being

Sukhyananda Ram

Sukhi: Happy

Ananda: Bliss

Ram: Bija mantra of higher pleasures

Premaswasthya Ham

Prema: Love

Swasthya: Self-contained, autonomous

Ham: Bija mantra of expression

2 Mantras about Incarnation

(Soul name) Gam

Your soul name is to be used in this mantra, to acknowledge that it is the cause of all actions you are involved with. Gam= bija mantra of movement or motion. If you don't know your souls name in Sanskrit, then you use "paramatma", which means the Highest Soul.

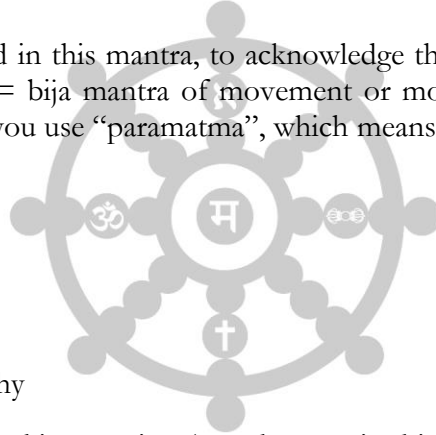
Siddhyaaroga nam

Siddhi: Perfect

ARoga: Un-afflicted, or healthy

Nam: Bija mantra of the natural incarnation (your human, in this case)

Siddhyaaroga: perfectly healthy



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2 Mantras about Truth

Saccidananda Aim

Sat: Truth

Cit: Mind

Ananda: Bliss

This are three natures of the enlightened being. The true mind is bliss.

Aim: Bija mantra of the pure mind, of the wisdom of the creative Shakti (Saraswati)

Brahma-aikya haum

Brahma: Creator universal principle

Aikya: Oneness, one with

Haum: Bija mantra of expressing the nature of...

2 Mantras about Perception

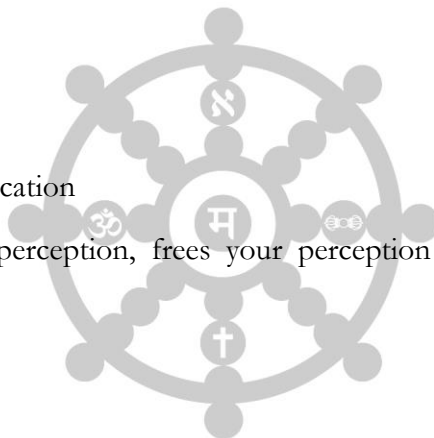
MahaBakaya Hrim

Maha: Great

Bakaya: Eye

Hrim: Bija of elevation, purification

This mantra expands your perception, frees your perception from the limitation of your nervous system.



Om Guru ParamAtma Siddhi Hum

Guru: The true universal master (not a human being)

Param: The Highest

Atma: Soul, self

Siddhi: Power, perfection

Hum: Bija mantra of experiencing

This mantra summons the presence of your soul, your self, at the highest level, and helps you feel its power in your life.

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The mantra of the presence of vacuity

Om aBhu Bhavantu Sauom

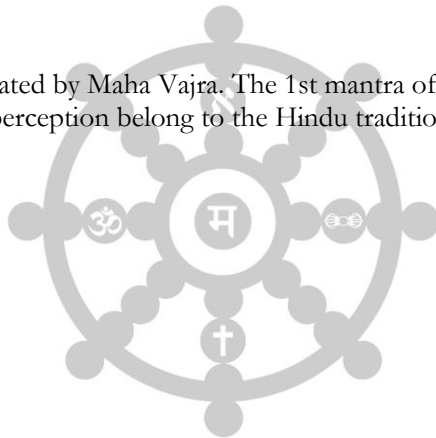
aBhu: Void. Vacuity, the un-manifested

Bhavantu: What is manifested here and now, in a non-local manner

Sauom: Bija mantra of elevation of spiritual power inside you

To fully understand this mantra, it is required to experience the seminar where it is taught, *the Secrets of Immortality*.

The Avatar Process was created by Maha Vajra. The 1st mantra of truth and the 2nd mantra of perception belong to the Hindu tradition.



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